Trauma Training Directory

BEGINNER	Little to no experience or understanding of the TIC concepts; looking for basic information and application	
INTERMEDIATE	Basic experience & understanding of TIC concepts, but seeking to increase understanding and application	
ADVANCED	Competent in addressing TIC in practice and teaching; seeking additional depth and specific application of concepts and practices; familiar with research supported concepts and practices	
Supporting Children and Youth Experiencing Trauma	The Supporting Children and Youth Experiencing Trauma training includes our online sequential sessions that a participant can take at their own pace. Each session focuses on learning and practicing skills that can be used immediately with children and youth. Participants will hear from educators, mental health experts, students and families, while reflecting on their own goals and intentions to be trauma-informed. The series is free and has been developed by Cincinnati Children's Hospital and McKinsey Health Institute. Participants will receive a certificate of completion. While targeted for educators, this training can be of benefit to anyone who works with children, youth, and their families.	
OCWTP – Ohio Child Welfare Training Program	These training are currently limited to public child welfare staff and resources families and to assessors.	
TRCC: Trauma Responsive Care Certification	 Trauma-Responsive Care Certification - Level 1 - for BA level or non-clinical professionals Trauma- Responsive Care Certification - Level 2 - for MA level clinicians (minimum of a Master's degree in Psychology, Social Work, Counseling, Marriage and Family Therapy, or a related field.) Independent Licensure is not required for participation in this program. 	
Supreme Court of Ohio, Ohio Judicial College	This training is open to the public after creating account.	

BEGINNER	OOC: Trauma Informed Approaches	eBased Academy
	CEUs 1.25	ID: E-YVMNL1
	AMA PRA Cat. 1 Credit; RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	<u>eBasedAcademy</u>

 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers Alternative to Seclusion and Restraint 	The Trauma Informed Approaches course focuses on SAMHSA's four R's concept of trauma informed care: Realize, Recognize, Respond, and Resist.	Learning Objectives 1. Recognize what trauma is and its impact. 2. Identify trauma informed responses. 3. Identify strategies to avoid re-traumatizing victims.
BEGINNER	Trauma-Informed Care in Family Engagement Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers Alternative to Seclusion and Restraint 	In this interactive self-paced 3.5-hour module, participants will identify the six guiding principles to trauma informed care, the importance of family engagement, and strategies for implementing trauma informed family engagement practices. Participants will also identify the positive impact trauma informed family engagement has on families, children, and communities.	 Participants will be able to define family engagement. Participants will be able to identify three barriers to family engagement. Participants will be able to describe implicit bias. Participants will be able to identify strategies to develop an effective trauma informed family engagement plan.
BEGINNER	Cultural Healing and Historical Understanding Through a Cultural Lens Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>

 COMPETENCIES Impact of trauma Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency Identify how culture factors influence 	In this interactive, self-paced 4-hour module, you will explore how cultural and historical backgrounds create a framework through which you perceive the world and how the world perceives you. Through the perspective of the trauma informed lens, you will examine the effect of cultural and historical experiences, specifically within the child welfare system. This module will also address how you can apply the six key principles of trauma informed care to your interactions with children and families and develop a plan of action to promote cultural healing and historical understanding.	 Participants will be able to define trauma and the effects of traumatic experiences. Participants will be able to describe the key principles of trauma informed care. Participants will be able to identify two influences of historical and cultural trauma on individual, organizational, and community functioning Participants will be able to develop a plan of action to promote cultural healing and historical understanding.
BEGINNER	Note: This module is narrated in Spanish. Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>
 COMPETENCIES Impact of trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency Identify how culture factors influence 	Las primeras experiencias de trauma tienen un impacto a lo largo de la vida. Este módulo interactivo de 1,5 horas a su propio ritmo explorará el efecto sobre el desarrollo infantil y la respuesta a la influencia del trauma en el comportamiento. Además de un enfoque en convertirse en profesionales del aprendizaje temprano informados sobre el trauma, los participantes examinarán el impacto del trauma en los padres y profesionales y cómo un enfoque informado sobre el trauma puede crear seguridad en el entorno del aprendizaje temprano. Este módulo revisará los diez dominios de SAMHSA para evaluar la práctica informada sobre el trauma y verá cómo desarrollar un plan para expandir la práctica informada sobre el trauma dentro de estos dominios.	 Learning Objectives Los participantes podrán describir el trauma y el estrés tóxico. Los participantes podrán identificar los efectos del trauma en el desarrollo social y emocional. Los participantes podrán identificar estrategias para responder al impacto del trauma en el comportamiento.
BEGINNER	The Impact of Trauma on Behavior in Early Childhood Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>
 COMPETENCIES Impact of trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families, 	This interactive 2-hour self-paced module focuses on the importance of understanding the role of trauma informed care in early childhood with an emphasis on children and families. The long-lasting impact of trauma will also be explored. Participants will examine the effects of trauma on children's	• •

 and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency Understand secondary traumatic stress and impact on providers 	social-emotional development and behavior and explore strategies for supporting development in early childhood settings.	
BEGINNER	DODD: Becoming a Trauma-Informed Agency	Ohio Department of Developmental Disabilities Becoming a Trauma-Informed Agency - YouTube
 COMPETENCIES Impact of Trauma Responding to traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Rachel Ramirez, LISW-S, Training and Technical Assistance Specialist at the Ohio Domestic Violence Network talks about the meaning of being trauma-informed, the importance of an agency to be trauma-informed, how a trauma-informed approach is different & how agencies can get started in becoming trauma-informed.	 Learning Objectives: Understand the journey and steps toward becoming trauma-informed. Identify what using a trauma-informed approach means. Identify what is different about being trauma-informed. Identify tools to help become trauma-informed. Understand what is necessary to create environments of resiliency and hope.
BEGINNER	TIC Virtual Summit 2022: Surviving Trauma and PTSD - A Survivor's Perspective CEUs 1.5 RN/LPN CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	eBased Academy ID: E-N05G90 eBasedAcademy
	This Workshop is aimed at enhancing understanding of the traumatic nature of a cancer diagnosis and treatment and the risks posed by both with respect to developing PTSD in patients and survivors and their families. Cultural factors, mental health support and personal coping styles play a big role in surviving, healing, and thriving after exposure to trauma. Trauma-Informed Care is still not pursued in the field of Oncology and medical practice in general. This workshop will focus on raising	 Learning Objectives: Participants will understand that a cancer journey can be very traumatic to both patients and their family members and learn about medication and psychotherapy strategies that were useful/not useful in treating this patient. Participants will learn more about patient-specific acute trauma and PTSD symptoms and understand how misdiagnosis of the patient's condition led to development of full-blown PTSD with repeated triggering of PTSD.

	awareness about the need for mental professionals to understand and appropriately diagnose PTSD using DSM-5 criteria.	3. Participants will understand the impact of community service and ECT on this patient's healing from PTSD and developing resilience and coping mechanisms
BEGINNER	TIC Virtual Summit 2022: Preventing Caregiver Burnout - Moving from Languishing to Flourishing CEUs RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	eBased Academy ID: E-O06YP1 eBasedAcademy
	Courage to Caregivers is a nonprofit based in Northeast Ohio, now serving caregivers throughout North America, with the mission to provide hope, support, and courage to caregivers and loved ones of those living with mental illness. We know that when you take better care of yourself, you provide better care to others. If there's anything we've learned from the pandemic, it's that the world is feeling stressed out and many are burned out - the pandemic has been a source of additional trauma, especially for professional caregivers as well as unpaid family caregivers. Even though stress is a part of everyday life, it doesn't have to control us, we can control it. If we can understand stress - we are able to better cope and manage the stress life throws at us. If we can learn to notice our body's response to stress, identify our stressors, and develop ways to relax during a stressful moment, we can give ourselves the chance to regroup, review options, and make confident decisions. Stress can be manageable. This workshop will cover the difference between compassion fatigue and burnout. We then move into understanding stress; the effect of trauma, including the loneliness and isolation of the pandemic; identifying stressors; the emotions associated with these stressors; the stress cycle; coping strategies for stress; and the importance of setting goals and creating an action plan for moving from survival mode to thrival-mode. Presenters will	 Learning Objectives: Compare and contrast the mental health continuum from depression to flourishing, with languishing in between. Define stress and trauma, the stress and trauma of the pandemic specifically, and its effects on our bodies, emotions, and behaviors. Identify and name emotions as related to languishing and flourishing. Discover a minimum of one strategy to better cope and manage stress that can be incorporated into daily practice. Determine one goal that will incorporate this new coping strategy.

	infuse several breathing and meditation techniques throughout this workshop as examples of tools to better cope and manage the stress of caregiving from our Courage to Caregivers Breathing Meditation program.	
INTERMEDIATE	DODD: Impact of Trauma on Individuals with DD	Ohio Department of Developmental Disabilities Impact of Trauma on People with Developmental Disabilities - YouTube
 COMPETENCIES Impact of Trauma Responding to traumatic stress Demonstrate how to identify traumarelated needs of children, individuals, and families Identify strategies to enhance well-being and resiliency 	Dr. Julie Gentile, MD Professor and Director, Intellectual Disability Psychiatry will identifying behavioral presentations of trauma in persons with developmental disabilities, talk about how to facilitate trauma recovery & identify the three categories of trauma symptoms in persons with developmental disabilities.	 Learning Objectives: Understand the prevalence of trauma in persons with DD Recognize the impact of trauma on person with DD in physical health, mental health, and biological aspects Identify trauma interventions for persons with DD Identify trauma symptoms common in persons with DD Identify recovery strategies for persons with DD
INTERMEDIATE	DODD: Recognizing and Responding to Trauma	Ohio Department of Developmental Disabilities Recognizing and Responding to Trauma - YouTube
 COMPETENCIES Impact of Trauma Responding to individual's traumatic stress Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency 	Mary Vicario, LPCC-S, Certified Trauma Specialist will talk about how to recognize trauma, what behavior might be telling us about someone's trauma history, cautions and red flags for trauma & resilience.	Define trauma and toxic stress

INTERMEDIATE COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency Understand secondary traumatic stress	OOC: Secondary Trauma for Child Welfare Worker's CEUs 1.0 AMA PRA Cat. 1 Credit; RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs The Secondary Trauma for Child Welfare Workers course provides an in-depth look at secondary traumatic stress (STS) and its impact on child welfare workers. This course is designed to educate child welfare workers about how the demands of their job can influence their response to trauma	response to STS.
and impact providers • Alternative to Seclusion and Restraint	and how to utilize resiliency as a key to improving their response	
INTERMEDIATE	OOC: Self Care for Foster Parents - Preventing Secondary Trauma CEUs 1.25 AMA PRA Cat. 1 Credit; RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-G03M81 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers Alternative to Seclusion and Restraint 	The Self Care for Foster Parents: Preventing Secondary Trauma course reviews the complexity of the role of a foster parent and how the challenges within this role can impact their wellbeing. The course also teaches learners how to build resiliency and shift their thinking to address and prevent Secondary Traumatic Stress (STS).	being.
INTERMEDIATE	Growing Family Resilience	Growing Family Resilience Department of Developmental Disabilities (ohio.gov)

 COMPETENCIES Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Family resilience, is not just about weathering a storm. Rather, it's about turning adversity into a catalyst for the family's growth. It's about enriching relationships and making family members more skilled at coping with future stresses. Healthy parenting and family resilience has been shown to be an important factor in promoting readiness, achievement, and preventing from participating in high-risk behaviors. This series of modules, provide practical tips for families to be flexible, connected and supported.	Learning Objectives: Participants will understand: 1. How trauma affects the body. 2. Regulation is a process. 3. Trauma symptoms are survival strategies. 4. Perceived threats and real threats feel the same in the body. 5. Healing happens in relationships. 6. Self-care starts with the body. 7. The Pro Model, (Pause; Rest, Regulate, Relax; and Open) 8. The value of movement; and, 9. The value of mindfulness.
INTERMEDIATE	Toxic Stress to Safe Zone Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Early experiences of trauma have impact across the lifespan. Part one of this series will explore the effect on child development and navigate responding to trauma's influence on behavior. Part two of the series will focus on becoming trauma informed early learning professionals, diving into trauma's impact on parents and professionals and how a trauma informed approach can create safety in the early learning setting. Part three of this series aims to help early learning settings become trauma informed in their approach to care. Not only will we explore SAMHSA's 10 domains for assessing trauma informed practice, but participants will also develop a plan for expanding trauma informed practice in at least one of the domains in each of our settings.	Learning Objectives: Participants will understand: 1. Participants will identify and define trauma and toxic stress 2. Participants will be able to identify trauma's effect on development 3. Participants will describe components of a safe learning setting, 3 ways to prevent escalation of behavior, and 1 way to respond to toxic stress
INTERMEDIATE	Trauma Informed Care in Early Childhood Education Ohio Approved	Ohio Child Care Resource and Referral Association <u>View Training OCCRRA</u>
COMPETENCIESImpact of TraumaResponding to children's traumatic stress	Understanding the role of trauma informed care in early childhood is vital to children and families. By becoming "trauma-informed" professionals will recognize that people	Learning Objectives 1. Identify the types of trauma and the effect on development

 Demonstrate how to identify trauma- related needs of children and families Identify strategies to enhance well-being and resiliency 	have often experienced many different types of trauma. Those who have been traumatized benefit from support and understanding from those around them. This professional development opportunity is focused on educating communities and professionals about the long-lasting impact of trauma.	 Effects of trauma, such as drug abuse, absent or incarcerated parents, etc. on children's social emotional development, wellbeing, and behavior. Identify the effects of trauma on overall development and begin to identify strategies to respond to effects on behavior and development Identify ways that caregivers and professionals can support children in healthy social emotional development.
INTERMEDIATE	Responding to Trauma and Supporting Resilience Ohio Approved This module is also eligible for one (1) unit hour in developmental specialist/supervisor, El service coordinator/supervisor as approved by the Ohio Department of Developmental Disabilities (DODD)	Ohio Center for Autism and Low Incidence Center for the Young Child Responding to Trauma and Supporting Resilience Suite of Resources for Early Childhood Professionals (cycsuite.org)
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	This module focuses on understanding trauma and how it impacts and influences children. Professionals will learn to recognize possible signs of trauma and identify practical strategies to build resilience along with connecting and engaging families with resources and supports.	Learning Objectives: 1. Define trauma and its influence on development 2. Recognize concerns and help build resilience 3. Identify practical strategies to use during daily routines 4. Connect and engage families with resources and supports Module resources and materials Facilitator Guide
INTERMEDIATE	This Child, Each Child Will Grow and Learn Ohio Approved This module is also eligible for one (1) unit hour in developmental specialist/supervisor, El service coordinator/supervisor as approved by the Ohio Department of Developmental Disabilities (DODD).	Ohio Center for Autism and Low Incidence Center for the Young Child This Child, Each Child Will Grow and Learn Suite of Resources for Early Childhood Professionals (cycsuite.org) Module resources and materials Facilitator Guide

 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families 	This module emphasizes the importance of understanding and noticing the development of each child. Professionals will learn about using developmental monitoring and screening tools to learn about each child's strengths and areas of concern, effective ways to share information with families, and how to identify resources to support all children.	 Learning Objectives: Understand the importance of developmental milestones Recognize developmental differences and identify resources to support each child's growth and learning Communicate and effectively engage with families about each child's development
INTERMEDIATE	We Can Do This, Right Where We Are Ohio Approved This module is also eligible for one (1) unit hour in developmental specialist/supervisor, El service coordinator/supervisor as approved by the Ohio Department of Developmental Disabilities (DODD)	Ohio Center for Autism and Low Incidence Center for the Young Child We Can Do This, Right Where We Are Suite of Resources for Early Childhood Professionals (cycsuite.org) Module resources and materials Facilitator Guide
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	This module is a first step in building the confidence and competence of early care and education professionals to welcome all children into your settings. Evidence-based strategies and approaches that create success in inclusive early care and education are presented, demonstrating that practical supports can be used with intention purpose	Learning Objectives: 1. Build an inclusive environment 2. Use evidence-based practices 3. Identify practical strategies to use during your daily routines 4. Engage in effective communication with families 5. Connect with national, state, and local resources
INTERMEDIATE	TIC Virtual Summit 2021- Using Restorative Justice & Trauma Informed Approaches to Reduce School Discipline CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-GVZPE0 eBasedAcademy
<u>COMPETENCIES</u> ● Impact of Trauma	Research shows that children who are suspended encounter more negative life outcomes than those who are not. Children who are suspended miss important instruction time and are	Learning Objectives: 1. Participants will be able to recognize Exclusionary Discipline disproportionately impacts students in poverty, disabled students, racial

- Responding to children's traumatic stress
- Demonstrate how to identify traumarelated needs of children and families
- Identify strategies to enhance well-being and resiliency
- Understanding how cultural factors influence trauma
- Understand secondary traumatic stress and impact providers
- Alternative to Seclusion and Restraint

behind their peers when they return to school, creating a cycle of lower academic achievement and disengagement from school. (Gregory, et al, 2006). Out-of-school suspensions often exacerbate behavioral issues, and disproportionately affect minority, poor, and disabled students, and are the first step on the school to prison pipeline. This presentation will focus on the ways that educators can respond to negative behaviors using trauma-informed and restorative justice approaches to school discipline focused on reducing harmful suspensions and expulsions. A restorative approach in a school shifts the emphasis from managing inappropriate behavior and dispensing punishment to focusing on the building, nurturing, and repairing of relationships.

- minorities, LGBTQ students, and disabled students, and is associated with negative life outcomes across the board.
- 2. Participants will be able to recognize that chronic trauma, including toxic stress from living in concentrated poverty or around substance misuse, can cause serious problems with learning and behavior
- Participants will be able to recognize that coupling trauma-informed practices with restorative justice practices is our best opportunity for creating safe schools for students and staff alike, better outcomes for students, and interrupting the school-to-prison pipeline

INTERMEDIATE

TIC Virtual Summit 2021- Understanding the Interconnection of Fetal Alcohol Spectrum Disorders (FASD) and Trauma: Trauma-Informed Approaches to Differentiate and Cope with the Effects of Prenatal and Postnatal-Trauma Experiences Including COVID-19 Impacts

CEUs 1.5

RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs

eBased Academy
ID: E-G03W30
eBasedAcademy

COMPETENCIES

- Impact of Trauma
- Responding to children's traumatic stress
- Demonstrate how to identify traumarelated needs of children and families
- Identify strategies to enhance well-being and resiliency
- Understanding how cultural factors influence trauma

Alcohol Spectrum Disorders (FASD) is Fetal neurodevelopmental disorder which results in cognitive, behavioral, emotional, and adaptive functioning deficits. Individuals with FASD are three times more likely to be abused or neglected during childhood than typically developing children and are more likely to witness violence, experience neglect, and be victims of physical and sexual abuse. The presentation will address the stigma of carrying a FASD diagnosis as well as point out the disparities regarding accessing diagnostic and proper treatment services to address the symptoms associated with FASD. As the impact of postnatal trauma experiences and COVID-19are explored, the confounding impact of race, socioeconomic status, and foster

Learning Objectives:

- 1. Participants will be able to identify common occurrences of trauma in children with FASD
- 2. Participants will be able to further understand how trauma symptoms may present themselves in individuals with FASD and how to differentiate between FASD, trauma, and exacerbation of existing cognitive, behavioral, adaptive, and emotional difficulties
- Participants will further their knowledge on current literature and techniques related to assisting children with FASD cope with past trauma experiences as well as the present confounding impact of the COVID-19 pandemic

	care involvement on the barriers to diagnosis and risks for further postnatal trauma will also be addressed.	
INTERMEDIATE	TIC Virtual Summit 2021- Trust Based Relational Intervention (TBRI) CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-XVDKN1 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Trust Based Relational Intervention (TBRI) is an evidence based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. How we meet the everyday needs of vulnerable children has become increasingly important due to the heightened amount of uncertainty and upheaval in their lives. TBRI has three key principles: Empowering Principles, Connecting Principles; and Correcting Principles. These key principles address the "whole child". The presenters will discuss how to stay connected during a time when everything is so disconnected, activities we are using to reconnect with our clients, we will also discuss many issues that are being faced by families during the pandemic. Presenters will be working through the steps of a Nurture Group which is the common In-Home Coaching practice.	 Learning Objectives: Participants will be able to explain TBRI, the Attachment Cycle, and what happens when it goes wrong Describe multiple ways TBRI can help families build and maintain relationships and present disruptions considering all the issues that arise during the pandemic Recognize how the services offered by the TBRI Practitioners at NOAS can help foster/adoptive/kinship and even biological families stay connected or reconnect during this very difficult time or even in the future
INTERMEDIATE	TIC Virtual Summit 2021- Trauma Informed Music & Art Therapy with Forensic Clients CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-5VNERV eBasedAcademy
 COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency 	This workshop IS geared toward professionals who already have a basic understanding of forensic inpatients residing in a psychiatric facility. Presenters will give information about changes to community reintegration, music therapy, and art therapy programming during the pandemic. Participants will	Learning Objectives: 1. Participants will gain an understanding of how the pandemic has impacted inpatient psychiatric care with a focus on community reintegration, music therapy, and art therapy programming

Understanding how cultural factors influence trauma	gain an understanding of how to bring the community to the patients versus taking the patients to the community; how to adapt off-unit music and art therapy programming; how to increase feelings of safety and security during a time of tremendous change; and how to engage patients during a lengthy period of quarantine using trauma-informed guiding principles.	 Participants will learn specific trauma-informed techniques when working with inpatient psychiatric clients during the pandemic Participants will learn specific trauma-informed techniques when working with inpatient psychiatric clients during the unit quarantine, during which they were more isolated to minimize infection control risks
INTERMEDIATE	TIC Virtual Summit 2021- Sustaining a Trauma-Informed Culture: Thriving Together in Times of Uncertainty CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-71KX50 eBasedAcademy
 COMPETENCIES Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	The Covid-19 pandemic has changed the landscape in which we live, work, and connect with one another. In addition, divisions within our political system, social and cultural inequities, and an economic crisis exacerbate anxiety and stress depleting our ability to utilize normal coping strategies effectively. Participants will learn strategies to increase agency-wide engagement from the top down and bottom up. When these strategies and subsequent actions steps are taken, the concepts of trauma-informed care can truly remain alive and continue to flourish.	 Learning Objectives: Participants will be able to identify how our current climate presents challenges to sustaining trauma-informed care, as well as necessity in adhering to principles Participants will identify adaptive strategies to engage employees in trauma-informed care virtually Participants will learn how to affect change at a policy or executive office level, as well as engage non-clinical staff in concepts of trauma-informed care
INTERMEDIATE	TIC Virtual Summit 2021- Providing Resiliency and Hope During Trauma CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-E1LJL0 eBasedAcademy
 COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency 	This workshop will highlight the trauma-informed approaches provided to families and children whose lives have been affected by HIV/AIDS, administered by the Ursuline Sisters HIV/AIDS Ministry. Overall, this Ministry is dedicated to	Learning Objectives: 1. Participants will be able to recognize the 6 principles of Trauma Informed Care

Understanding how cultural factors influence trauma	delivering medical services, child & family support services, housing services, food delivery, and an on-site food pantry, and its Children & Family Support Services proved to be an even more important outreach during the pandemic.	 Identify concrete and specific strategies to use with clients to support each of the 6 principles of TIC Describe research-based traits that resilient individuals have and specific strategies to increase resiliency in providers and our clients
INTERMEDIATE	TIC Virtual Summit 2021 - Integrating Trauma-Informed Care Practices into Suicide Prevention Education CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-P0WM31 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	The Integration of Trauma-Informed Practices into Suicide Prevention Education workshop promotes the idea of brain health both in the classroom and at home. Presenters will offer mindful self-care strategies that can be practiced at home and in the classroom, personal stories current statistics and practices that support suicide prevention and depression awareness.	 Participants will understand how suicide prevention and depression awareness education are supported by the 4 R's of Trauma-Informed Care Participants will gain an understanding what suicide prevention education aims to achieve and what supports are necessary as well as fighting stigma surrounding these topics. Participants will recognize the importance of educator/parental self-care in our current environment
INTERMEDIATE	TIC Virtual Summit 2021 - Creative Strategies to Combat Comorbid Trauma CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-P0YYG0 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families 	This session will provide the practical application of creative strategies to combat comorbid trauma utilizing related services with practices based in evidence for individuals of all ages impacted by trauma and/or with developmental delays.	 Participants will be able to apply creative strategies and immediately implement into your practice to help traumatized children, teens, adults, and families regulate their emotions and behaviors Participants will be able implement the use of simple and economical materials; what to use and when, so you can feel immediately confident using TIC creative strategies in your practice.

Identify strategies to enhance well-being and resiliency		3. Participants will playfully practice evidence based creative strategies via interactive-hand-on therapeutic creative experiences.
INTERMEDIATE	TIC Virtual Summit 2021- Taking Flight: Learning to Navigate Life in and Beyond the Pandemic in an Inpatient Psychiatric Setting CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-Z1G7ZV eBasedAcademy
 COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	When faced with the uncertainty and upheaval of an unprecedented global event, even the most traumacompetent organization may find themselves fumbling in their response. The COVID-19 pandemic has left in its wake not only unique physical challenges, but a plethora of social, emotional, relational, and spiritual challenges as well. All these challenges were certainly felt within the walls of Twin Valley Behavioral Healthcare, one of six state regional psychiatric hospitals within Ohio. A diverse panel of presenters from Twin Valley Behavioral Health will provide attendees with a glimpse of the challenges faced during the pandemic, specific traumainformed responses to these challenges, and the learned outcome of each response	 Participants will increase understanding of the principles of Trauma Informed Care. Participants will enhance knowledge of how to adapt, and incorporate principles of TIC into, responses to critical incidents Participants will be able to identify specific strategies and techniques that support recovery models for TIC, and which can be used to advance the system of care when responding to a pandemic.
INTERMEDIATE	TIC Virtual Summit 2021- Regulate Before You Educate: Self-Regulation and Implementation Supports CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-Y1QPRV eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families 	Learning is state dependent. Teaching is state dependent. Stress drives this state. We need to be regulated before we can effectively teach, learn, or help co-regulate others. Understanding regulation/dysregulation in self including preferences, triggers, and tools is key for healthy co-regulation. This session will focus on the three methods to	 Participants will identify personal signs of stress/dysregulation. Participants will be able to describe the three methods of regulation including Bottom Up Somatosensory, Top-Down Reassurance, and Disassociation Participants will understand how to use a continuum of supports in a trauma sensitive physical learning environment to encourage regulation for all

Identify strategies to enhance well-being and resiliency	self-regulation and explore effective regulation supports for in- person or remote learning environments.	
INTERMEDIATE	TIC Virtual Summit 2021 - Resilience in Recovery CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-N0539V eBasedAcademy
 COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	An Ohio Drug Court wanted to build resilience for participants by incorporating trauma-informed practices. Project Be Happy L.L.C. (PBH) worked in partnership to develop a curriculum that included education on the effects of trauma and stress, body-based interventions, and life strategies to create a resilience plan for recovery. PBH incorporated yoga, energy medicine, essential oils, and stress management techniques to help reset the nervous system and give practical tools to the participants. In this workshop, the founders of Project Be Happy L.L.C. will discuss how to incorporate body-based techniques into a substance abuse program. They will provide a description of energy medicine, breath work, and movement practices, along with a demonstration and tips on how to engage participants online.	 Participants will describe how body-based practices help to build resilience The presenter will discuss how to incorporate body-based interventions into a substance abuse program Participate in an energy medicine, breath work, and movement practice
INTERMEDIATE	TIC Virtual Summit 2021 - Racism and Medical Trauma: Exploring Racial Disparities in Health and Effective Strategies to Address Medical Trauma and Mistrust During a Global Pandemic CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-GVPMQV eBasedAcademy
 COMPETENCIES Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency 	This workshop explores racism as a primary factor to the racial disparities in the African American community by identifying traumatic events in American history that negatively impact the black community's perspective on the healthcare system. After exploring racism's role in health disparities, this training will review the impact of trauma on current healthcare	 Participants will Identify three historical factors that contribute to the medical trauma and mistrust of the healthcare system in the African American community Review current impact of trauma on racial health disparities Explore effective strategies to address medical trauma and mistrust of the healthcare system

Understanding how cultural factors influence trauma	disparities in the African American community. Lastly, this workshop will discuss effective, trauma-informed, strategies that can be implemented by various professionals to address medical trauma and mistrust of the healthcare system when working with African Americans families and communities.	
INTERMEDIATE	TIC Virtual Summit 2021- PAX Tools for Human Services CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-P08860 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	This workshop will overview a unified approach for organizations and professionals across the system of care. PAX Tools for Human Services allows youth-serving professionals to improve youth outcomes by incorporating research-based, trauma-informed strategies into their professional role. During this interactive workshop participants will discuss principles of a trauma-informed approach, teaching behavior as a skill set, establishing a nurturing environment, and the role of reliable and consistent adults. A selection of PAX Tools strategies will be taught to operationalize research-based, trauma-informed methods for increasing cooperation, self-regulation and building resiliency	 Participants will learn to support children who have experienced trauma and understand its impact on their behavior. Participants will identify strategies to improve relationships, reduce conflict, and prevent and address misbehavior with a trauma-informed approach Participants will learn how to apply PAX Tools strategies to common situations when working with children and adolescents
INTERMEDIATE	TIC Virtual Summit 2021 - Making Connections: Trauma Informed Engagement & Family Resilience CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-KVO2P1 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress 	This session will focus on meeting the family in their own setting. After we explore barriers to engagement and identify strategies to overcome them, we will participate in some experiential activities to increase engagement in the home. We will also explore family interventions to strengthen their relationships and to nurture resilience within their	 Participants will understand and describe the importance of engagement to achieve family goals Participants will explore stigma, culture, and other barriers to engagement Participants will have the opportunity to participate in a variety of experiential activities that can be utilized in the home

 Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	family. We will also review how to apply trauma-informed strategies to manage difficult behaviors, respond to crises and improve parenting techniques.	
INTERMEDIATE	TIC Virtual Summit 2021 - Keys to Equity and Inclusion: Sensory Processing Disorder and ACES CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-E04KR1 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	This presentation explores the details of Sensory Processing Disorder (SPD) and ACEs and how they interact to affect one's daily life. The session includes resource material and strategies for participants to bring back to their schools, classrooms, and community organizations, to help both the individuals with SPD identify sensory stressors, and to help the support team build a truly workable strategy of support and inclusion for those suffering from sensory overload.	 Participants will be able to define and recognize the top 8 Sensory systems that are involved in Sensory Processing Disorder. Participants will be able to analyze Sensory Processing Disorder as it presents in public spaces, such as classrooms, stores, museums etc. Participants will be able to develop strategies to mitigate sensory overload.
INTERMEDIATE	TIC Virtual Summit 2021 - Insights Amid the Pandemic: We Are More Alike Than We Will Ever Be Different CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-602DN0 eBasedAcademy
COMPETENCIES ■ Impact of Trauma ■ Demonstrate how to identify traumarelated needs of children and families	This workshop will highlight the parallels between pandemic life and the experiences of individuals experiencing addiction and/or mental illness and then utilize the audience's and broader population's first-hand knowledge of the pandemic to combat stigma and highlight methods of providing more	Participants will recognize parallels between the challenges of the COVID-19 pandemic and those associated with addiction, mental illness, and early recovery processes.

 Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	trauma-competent care. With an enhanced understanding of the experience of addiction and mental illness, we can discuss critical considerations when addressing trauma and these illnesses.	 Participants will identify the detrimental impact of stigma on individuals who experience addiction and/or mental illness and how COVID-19-related trauma compounds issues already experienced by these populations. Participants will identify methods of providing trauma-competent services to persons experiencing addiction and/or mental illness during the pandemic
INTERMEDIATE	TIC Virtual Summit 2021: Historical Trauma Theory: Theory, Research, and Clinical Practice Implications CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-D19N41 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Understanding how historical trauma might influence the current mental health status of racial/ethnic populations may provide new directions and insights for understanding, treating, and preventing mental health issues. This workshop will examine the model of Historical Trauma Theory and the research support to date. This framework will be applied to practice as well as research implications.	 The participant will increase Understanding of Historical Trauma Theory and its research The participant will be able to apply Historical Trauma Theory to clinical practice The participant will be able to apply Historical Trauma Theory to future research
INTERMEDIATE	TIC Virtual Summit 2021 - ACEs & Race: Understanding the Impact of Historical Trauma in our Current Moment CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-6VXY71 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families 	This session will begin with a brief overview of the Adverse Childhood Experiences study and then will further explain the underlying mechanics of Social Contexts and Historical Trauma that contribute to ACEs. This session will utilize the historical perspective to examine stressors from the COVID-19 pandemic in a new light.	Learning Objectives: 1. Participants will increase understanding of the ACEs Pyramid, specifically how Social Contexts, Historical Trauma and Inter-Generational Transmission (included race-related trauma), are contributing factors to Adverse Childhood Experiences

 Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 		 Participants will understand how race-related trauma in the United States is a compounding factor to current racial inequities experienced in the COVID-19 pandemic Participants will learn how to identify Resilience Factors that buffer the negative impact of Historical Trauma such as race-related trauma and COVID-19. Description of Resilience Factors will be expanded to include multicultural expressions and presentations
INTERMEDIATE	TIC Virtual Summit 2022: Using Play to Help Refugee Children and their Families Cope with Trauma, Crisis, and Stress CEUs 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	eBased Academy ID: E-Q07X40 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Play is critical for assisting young children healing from crisis and toxic stress. Play can be used as a tool for young children to address the negative impact of a traumatic experience in a way that can promote healing. Through play a young child can learn to overcome fears by asserting control over their immediate environment. Uninterrupted play is a vehicle for young children to strengthen healthy self-expression. Play, when it is engaged in with nurturing adults, can buffer a young child's exposure to toxic stress by enhancing coping skills for dealing with crisis produced anxiety. Play allows a young child to reenact a past event in a manner that helps the child to gain a sense of personal control over the outcome. Exposure to trauma can influence how a young child plays with toys and what a young child uses as a topic for play. A playful activity can lead to an enhanced sense of emotional security and resilience in the face of trauma by allowing a young child to dramatically act-out a stressful event and navigate it with a sense of personal success. In fact, young children may re-enact a traumatic experience over and over attempting to process the incident in a way that can achieve a greater sense of self-efficacy. Our work with the young children of Syrian refugees	1. Participants will understand the developmental importance of following the child's lead in child-initiated play as a tool for coping with stress and crisis 2. Participants will understand the developmental importance of following the child's lead in child-initiated play as a tool for coping with stress and crisis 3. Participants will learn how to reframe negative thoughts as a vehicle for energizing free play with young children

	in Turkey and refugee children from Latin America has demonstrated how the negative changes in the brain architecture of young children can be countered through nurturing free play as a vehicle for overcoming the toxic stress of traumatic experiences. Additional insights have been gained through preliminary work with the young children of Ukraine.	
INTERMEDIATE	TIC Virtual Summit 2022: Underneath the Iceberg - Anti- oppressive and Trauma Informed Approaches to De-escalation CEUs 1.5 Psychologist MCEs; Social Worker and Counselor CPEs; RN and LPN CEs	eBased Academy ID: E-POYWGV eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Alternative to Seclusion and Restraint 	The consequences of trauma exposure can be devastating for a survivor and often impacts many domains of their functioning. As a result, survivors of trauma can present with a wide array of reactions and behaviors, including some that those trying to help may view as challenging. This often results in responses that exacerbate the impact of trauma, reinforce stigma, and contribute to widening health disparities by creating barriers to helping those who need it the most. Those attending this workshop will learn about how using a trauma informed lens can lead to a better understanding of how to help all survivors of trauma, address challenging behaviors, and build resilience.	 Learning Objectives: Participants will have increased understanding of the concept of the imperfect survivor and the possible role of trauma and oppression underlying explosive or disruptive behavior. Participants will have increased awareness of how biases, ego, and our need to protect ourselves can impact our interpretation of challenging behavior and how to use a trauma informed lens to think about and react to these behaviors in more helpful ways. Participants will learn both proactive strategies to prevent "activation" and reactive strategies to de-escalate explosive or disruptive behaviors.
INTERMEDIATE	TIC Virtual Summit 2022: Trauma Resilient Care Evidence Based Interventions CEUs 1.5 Psychologist MCEs; Social Worker and Counselor CPEs; RN and LPN CEs	eBased Academy ID: E-z1gkZ0 eBasedAcademy
COMPETENCIES ■ Impact of Trauma ■ Responding to children's traumatic stress	This training will discuss the impact of severe maltreatment on child survivors, and the comprehensive interventions needed to build resilience, including mental health, child welfare, medical, and spiritual interventions. This training utilizes the	Learning Objectives: 1. Participants will be able to identify at least three evidence-based interventions for building resilience capacities in severely maltreated children

Demonstrate how to identify trauma-	science on severely maltreated children as well as clinical	2. Participants will be able to articulate the importance of caregiver- and
related needs of children and families	experience treating severe abuse and torture survivors to	relationship-based interventions for severely maltreated children
 Identify strategies to enhance well-being 	identify the sequelae typically seen in these children,	3. Participants will gain practice applying new knowledge to real-life case studies
and resiliency	particularly psychosocial and psycho-developmental harms.	and will present their ideas for large group discussion
	Specific psychosocial treatment recommendations are	
	offered, including evidence-based models that build the	
	capacity of children to engage in healing relationships with	
	foster parents, kinship caregivers, residential staff, or other	
	healthy adults. Significant research indicates that the presence	
	of healing relationships is the most powerful and predictive	
	resilience factor for abused children. Harms and needed	
	interventions are also identified for child welfare, medical	
	care, and spiritual/religious care. Spiritual care may be vital	
	when the abuse was religiously motivated. Participants will	
	have access to the newest paper from the Center for Child	
	Policy: Child Torture in Families: Victim Impact and	
	Professional Intervention, as well as two new case studies-	
	highlighting the various sequelae and treatment outcomes	
	from actual child survivors.	
INTERMEDIATE	TIC Virtual Summit 2022: Trauma Informed Care and Integrated	eBased Academy
	Care / Interprofessional Collaboration	ID: E-Y1Q4R0
	CEUs 1.5	<u>eBasedAcademy</u>
	Psychologist MCEs; Social Worker and Counselor CPEs; RN and LPN	
	CEs	
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COMPETENCIES	Two separate movements have gained increasing momentum	Learning Objectives:
• Impact of Trauma	over the years: Trauma Informed Care and Integrated	1. Describe the intersectionality of Integrated Care with Trauma Informed Care
Responding to children's traumatic stress	Care/Interprofessional Collaboration. These two movements	in current policies, research, and best-practices.
Demonstrate how to identify trauma-	are inherently aligned and intersecting, although not often	2. Discuss the benefits of synthesizing these movements for marginalized and
related needs of children and families	unified in trainings, system policies, or individual care. The	vulnerable populations.
Identify strategies to enhance well-being	inclusion of Integrating Care as a core principle of Trauma-	3. Develop practical strategies to align trauma-informed and integrated-care best
and resiliency	Informed Care was most directly addressed by Guarino,	practices.
	Soares, Konnath, Clervil, and Bassuk (2009), who assert the importance of maintaining a holistic view of consumers and	
	,	
	their process of healing and facilitating communication within	

	and among service providers and systems. Meanwhile, Interprofessional Collaborative Practice has rapidly expanded with healthcare reforms as a key strategy to providing comprehensive, high-quality healthcare, with increased attention towards training a behavioral health workforce in this model of care (Lamparyk, Williams, Robiner, Bruschwein, & Ward, 2021). This presentation aims to inform the audience on how integrated- and trauma-informed- care are inherently aligned and practical strategies for incorporating each into business strategy, staff training and education, and professional practice. The workshop will target the intermediate audience who comes with a basic understanding of trauma-informed care concepts and interest in deepening their understanding and practice of how integrated care can be incorporated. The topic is innately applicable across specific areas of practice settings and broad populations, although is specifically relevant for the most vulnerable populations that are disproportionately likely to have experienced trauma as well as have chronic physical health concerns. Research on current state and best practices integrating these two movements will be provided, including the intersectionality of cultural and diversity factors, and the implications for health disparities. Participants will be engaged in audience discussion and guided in practical strategies to align trauma-informed and integrated care best practices, with a focus on interprofessional trauma-informed education and professional practice.	
INTERMEDIATE	TIC Virtual Summit 2022: Bringing Hope Home CEIUs 1.5 Psychologist MCEs; Social Worker and Counselor CPEs; RN and LPN CEs	eBased Academy ID: E-KVOEO0 eBasedAcademy
COMPETENCIES ■ Impact of Trauma	Balancing reality with optimism and hope, has probably been more challenging in the past few years than ever in our lives. Let's take some time together to recognize, honor, and	Learning Objectives:

 Identify strategies to enhance well-being and resiliency Understand secondary traumatic stress and impact providers 	celebrate our ability to survive, adapt, and continue growing personally and professionally. Hidden in our struggle is the resilience needed to propel us, our organizations, our staff, and those we support forward in new ways. These costs and gifts of caring can be placed onto a continuum that progresses from compassion distress to compassion satisfaction and even to compassion resilience. Please join us in exploring the neuroscience of resilience, how you are already harnessing its energy, and new ways to engage it to grow yourself, your systems and beyond. We will identify concrete steps for individual and organizational growth that fit within a framework supporting our forward motion, creativity and connection through the costs and gifts of caring from compassion distress to compassion resilience.	 Identify and address Compassion Resilience by exploring structural, systemic, and synergistic stressors, how to recognize and reduce them in your organization, for staff, those served, and personally. Identify and develop Compassion Satisfaction by assisting supervisors, staff, and administrators in helping those they serve move onto the Empowerment Triangle while recognizing the challenges connected with their work. Identify and build Compassion Resilience by engaging resilience-based approaches and the five good things found in mutually enhancing relationships to develop a personal leadership and organizational care plan and an approach to coach others how to do the same.
INTERMEDIATE	TIC Virtual Summit 2022: Invisible Barriers to Thriving - Sensory Processing Disorder, ACES, and PTSD CEUs 1.5 Psychologist MCEs; Social Worker and Counselor CPEs; RN and LPN CEUs	eBased Academy ID: E-E043R1 eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Current research states that nearly 1 in 2 individuals in the US (45 %) have experienced at least one ACE (Adverse Childhood Experience), 1 in 5 (20%) of children have a mental illness, 1 in 6 (16%) have SPD (Sensory Processing Disorder), 1 in 25 (4%) have PTSD and 1 in 36 (2.7%) have ASD (Autism Spectrum Disorder). Though these conditions have disparate roots, they all contribute to sensory discomfort that affects individuals' ability to comfortably function in public spaces, learning environments, and job sites. The disruption to routine life that Covid 19 has created has wreaked havoc for people already suffering from the sensory overload and trauma that these conditions aggravate. This session is applicable for educators, administrators and family members who are striving to help their students/children/family members learn to strategize and manage the effects of Sensory Processing Disorder, and	 Learning Objectives: Analyze Sensory Processing Disorder and how it presents in public spaces, such as classrooms, stores, museums etc. Recognize the overlap between SPD and ACES Develop strategies to mitigate sensory overload

	how it impacts negotiating school and other public spaces. The presentation explores the details of SPD and ACES and how they interact to affect one's daily life, and strategies to begin to build resilience through understanding one's own sensory needs. The session includes resource material and strategies for participants to bring back to their schools, classrooms, and community organizations, to help both the individuals with SPD identify sensory triggers, and to help the support team build a truly workable strategy of support and inclusion for those suffering from sensory overload.	
INTERMEDIATE	TIC Virtual Summit 2022: Don't Let Trauma Informed Be Traumatic - Universal Best Practices CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	eBased Academy ID: E-E0JQKV eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers Alternative to Seclusion and Restraint 	As more organizations become "trauma-informed," there is an increase in using trauma screeners and discussing patient trauma history. The ACE questionnaire is one example. However, even the original founder of the ACE study, Dr. Anda, has stated that this is a "crude measure" at best, and at worst, can be re-traumatizing for patients. Organizations must avoid re-traumatizing patients and instead move beyond "trauma-informed" to "trauma-competent." Trauma-competent organizations recognize that early childhood adversity is nearly universal, and therefore, adoption of Universal Best Practices that serve all children and families is the best approach to avoid re-traumatization. Universal Best Practices can be adopted by all practitioners at every level and can be applied in every situation. They include, but are not limited to, Increasing Predictability, Decreasing the Power Differential, Increasing Self-Regulation, and Increasing Culturally Responsive Practices. In this session, participants will be made aware of the limitations of trauma screeners and the potential dangers of exposing clients to continued assessments and	screeners such as the ACE study. 2, Participants will learn Universal Best Practices for treating all people, regardless of trauma history.

	questionnaires. Participants will also learn about the Universal Best Practices outlined above, and Resilience Skills to move from trauma-informed to trauma-competence.	
INTERMEDIATE	Mapping Your Models to TIC Principles CEUs 3.0 Psychologists MCEs; Social Work CPEs; Counselor CPEs	eBased Academy ID: E-POYJEO eBasedAcademy
 COMPETENCIES Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Whether you are on Sigmund Freud's couch or engaging in the latest efficacy-based interventions, there are three stages to successful trauma resolution: re-experiencing, releasing, and reorganizing. We will explore your current treatment methods and how they can be used to promote movement through the 3 Rs of trauma resolution. Interventions to assist in safe movement through the stages and those to dismantle trauma triggers, improve connection and heal damaged areas of the brain will be presented. Ways to introduce this healing work, support the client as they work the interventions and prepare the client and their caregiver for how to handle what may follow session will also be presented. Service plan goals and objectives will also be presented to assist in bringing this treatment to your current work.	 Learning Objectives: Participants will be able to identify and develop: With clients the felt safety needed to address trauma in session and remain regulated between sessions. Service planning and interventions for diminishing trauma re-enactment symptoms through the Re-experiencing phase of trauma resolution by using interventions for externalization and sensory processing of traumatic experiences. Service planning and interventions to address the Release stage of trauma resolution by working with interventions that honor and explore the hidden resilience in survival skills, target arousal reduction, and supports regulation. Service planning and interventions to eliminate trauma's effect on daily life through the Reorganization stage of trauma recovery with interventions to increase felt safety and interpersonal safety, address attachment issues and promote posttraumatic growth
INTERMEDIATE	Trauma and People with IDD CEUS 1.0 RN/LPN; Social Worker and Counselor CPEs; Psychologists MCEs	eBased Academy ID: E-NO5RE1 eBasedAcademy
 COMPETENCIES Impact of trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency 	Patients with intellectual disability (ID) experience trauma at rates significantly higher than the general population. Some may have limited coping skills and mechanisms to recover from trauma. This process is often complicated by communication challenges and limited expressive language skills. For those with ID, the trauma must be defined by the individual and may include everyday events such as feeling stigmatized, isolated or marginalized. This training will	 Learning Objectives: Identify various behavioral presentations of patients with ID who have experienced trauma, and how different categories of ID (mild, moderate, severe) will respond to trauma differently depending on the developmental stage in which they function. Identify the prevalence of trauma in the intellectual disability patient population and the process of trauma recovery for this group.

	describe interview techniques, trauma response and interventions, as well as how the recovery process can be facilitated in the context of cognitive deficits. The presenter will also discuss Psychological First Aid, and other keys to evaluation and the treatment for Trauma- and Stress-Related Disorders for patients with ID.	3. Identify different interviewing techniques for this patient population, including Psychological First Aid, and strategies for de-escalation when persons with ID are agitated
ADVANCED	When FASD and Trauma Intersect: Understanding and Supporting Children and Their Caregivers CEUs 1.5 Social Worker and Counselors CPEs; Psychologists MCE's; OCDP: Content Areas C5 - 1.25 and C7-1.5	eBased Academy ID: E-602NLV eBasedAcademy
 COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	The past two decades have seen a better understanding of the impact of prenatal alcohol exposure on the developing fetus and child development. These past 20 years has witnessed an increase in our understanding of the impact of trauma on children's growth and development. However, as these two fields have expanded, our knowledge about the intersection of FASD and trauma remains in its infancy. Both have a significant impact on how the child develops and how these exposures increase risk to overall development throughout childhood and into adulthood. Caregivers of children with history of prenatal alcohol exposure and those of children with histories of trauma report high levels of parenting stress and challenges related to children's behaviors, learning, and relationships. This presentation will explore the intersection of FASD and trauma. It will provide information about behaviors often seen and tips on supporting children who are impacted by both prenatal alcohol exposure and trauma. Finally, the importance of caregiver self-care will be highlighted as an essential element to helping these children reach their full potential.	 Learning Objectives: List at least three behaviors associated with children who have a history of both prenatal alcohol exposure and trauma. Describe at least two strategies for reducing negative behaviors and increasing positive behaviors in children with prenatal alcohol exposure and trauma. Discuss the importance of caregiver self-care in the overall developmental outcome of children with prenatal exposure to alcohol and trauma
ADVANCED	Prolonged Exposure Therapy (PE) in the Treatment of Posttraumatic Stress Disorder - Part 1 CEUs 2.0 Psychologists MCEs; Social Work CPEs; Counselor CPEs	eBased Academy ID: E-O06NQ0 eBasedAcademy

 Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Unfortunately, we live in a dangerous world, and estimates are that 70% of us will experience a potentially traumatic event. All mental health providers need to know how to help their client's overcome trauma. Prolonged Exposure Therapy (PE) in the Treatment of Posttraumatic Stress Disorder will be described and data on its efficacy will be reviewed. The pharmacotherapy and psychotherapy literatures for posttraumatic stress disorder (PTSD) will be succinctly reviewed and discussed, focusing on cognitive behavioral treatments (CBT), and the various CBT techniques will be briefly described, including virtual reality exposure therapy. Pharmacotherapy and combination pharmacotherapy and psychotherapy treatments for PTSD will be discussed. Innovations in the treatment of PTSD, including medium of delivery, novel combination treatment, and early interventions will be presented. An intensive outpatient treatment model and pilot data will be presented.	the description and rational for treatment as well as available data on its efficacy. Interventions will include pharmacotherapy, psychotherapy, and cognitive behavioral therapy (CBT). Specific CBT techniques to be covered include prolonged exposure and virtual reality exposure therapy.
ADVANCED	Prolonged Exposure Therapy (PE) in the Treatment of Posttraumatic Stress Disorder - Part 2 CEUs 3.0 Psychologists MCEs; Social Work CPEs; Counselor CPEs	eBased Academy ID: E-N05NEV eBasedAcademy
 Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Unfortunately, we live in a dangerous world, and estimates are that 70% of us will experience a potentially traumatic event. All mental health providers need to know how to help their clients overcome trauma. Prolonged Exposure Therapy (PE) in the Treatment of Posttraumatic Stress Disorder will be described and data on its efficacy will be reviewed. The pharmacotherapy and psychotherapy literatures for posttraumatic stress disorder (PTSD) will be succinctly reviewed and discussed, focusing on cognitive behavioral treatments (CBT), and the various CBT techniques will be briefly described, including virtual reality exposure therapy. Pharmacotherapy and combination pharmacotherapy and psychotherapy treatments for PTSD will be discussed.	 Learning Objectives: The audience will learn the basics of Prolonged Exposure Therapy (PE) and its efficacy with PTSD and comorbidities such as mood disorders. The audience will become familiar with various treatments for PTSD, including the description and rational for treatment as well as available data on its efficacy. Interventions will include pharmacotherapy, psychotherapy, and cognitive behavioral therapy (CBT). Specific CBT techniques to be covered include prolonged exposure and virtual reality exposure therapy.

ADVANCED	Innovations in the treatment of PTSD, including medium of delivery, novel combination treatment, and early interventions will be presented. An intensive outpatient treatment model and pilot data will be presented. Trauma Informed Supervision: Caring for You and for Them CEUs 3.0 Psychologists MCEs; Social Worker and Counselor CPEs; Chemical Dependency CEs	eBased Academy E-KVOYX1 eBasedAcademy
 Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	Today's world has increasing upheaval and disconnection that has spilled over to the office. The idea of "leaving home at home" has become increasingly antiquated, and even, if possible, there are plenty of on-the-job stressors that every employee must negotiate. Supervisors face pressures of workforce shortages, staff burnout and secondary traumatic stress (STS), and increasingly higher demands, as well as their own feelings of burnout and STS. Trauma-informed supervision supports staff in a way that allows for better work with individuals the organization served and overall improved culture. Attend the training to find out more and explore your own strengths and opportunities to grow as a trauma-informed supervisor.	 Learning Objectives: Participants will be able to define trauma informed supervision Participants will be able to identify at least three elements of trauma-informed supervision. Participants will assess their own strengths and opportunities lie to provide trauma-informed supervision and identify two trauma-informed action steps to take in the weeks following the training to continue their supervisory growth
ADVANCED	TIC Virtual Summit 2021- The Missing Piece: When Trauma Survivors Experience Brain Injuries CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-7VRP31 eBasedAcademy
COMPETENCIES	The workshop will present a trauma-informed framework	
 Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	emphasizing creating brain injury informed programming. Participants will be given tools and techniques for early identification and detection of possible brain injuries. The presentation will include a discussion on a theoretical model developed by the presenters that emphasizes when neurologic trauma continues to be unidentified and untreated, it increases exposure to risk behaviors fueling premature	can contribute to increased

	morbidity and mortality and contributes to our most costly and preventable public health problems. The model includes opportunities for intervention to prevent early death and decreased quality of life.	
ADVANCED	TIC Virtual Summit 2022: Healer HEAL Thyself - Holistic, Embodied, Authentic, Leadership CEUs RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	eBased Academy ID: E-J0EQQ0 eBasedAcademy
 Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	This workshop is about helping your organization cultivate communities of practice and cultures of presence by using a framework that integrates our collective capacity to H.E.A.L.: Holistic refers to the recognition of ourselves as complex creatures; mental, emotional, physical, spiritual, culturally entrained, and informed beings wired for survival and belonging in direct relational connection with our living ecosystems and environments. Embodied refers to our commitment to practice centering the body's intelligence and capacity to self-organize and self-regulate in service to healing, change, growth, and relational safety. Authentic refers to our capacity to internally attune, to know oneself, and to practice authoring the moments and meaning making of our stories. Leadership refers to our capacity to use our own nervous systems as instruments of peace, to practice self- regulation in service to co-regulation as a practice of relational leadership. In our time together we'll unpack these terms and support participants in understanding how their own leadership can be bolstered by creating a culture of self-reflection and personal accountability to build resilient organizations	1. Participants will understand the importance of self-regulation in service to co-regulation. 2. Participants will be able to identify strategies to enhance healing centered care within themselves and their organization. 3. Participants will identify the why and how of building holistic, embodied, authentic leaders within their organizations and communities.
ADVANCED	TIC Virtual Summit 2022 - An Inclusive and Individualized Response for Victims of Crime with Disabilities: The Adult Advocacy Center Model CEUs 1.5	eBased Academy ID: E-71KQ51 eBasedAcademy

	RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs	
 COMPETENCIES Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency 	Presenters provide a look into the Adult Advocacy Centers (AACs). The Adult Advocacy Centers are the first centers that will be equipped to provide holistic, accessible, and traumainformed services to adult crime victims with disabilities in a universal and multi-sensory environment. The AACs will work in partnership with state, regional and community agencies to coordinate a response that promotes the safety and well-being of all individuals. To provide these services, the AACs will facilitate multi-disciplinary teams (MDTs) within local communities. A deeper look into this unique approach to victim services will assist participates in understanding best practices for survivors.	 Learning Objectives: Gain an understanding of the Adult Advocacy Center model Understand how communities can work together to form a multi-disciplinary team to have a holistic response with this model. Understand how a universal and multi-sensory building design allows for truly inclusive services for crime victims.
ADVANCED	TIC Virtual Summit 2021 - How to Manage Stress and Give Hope: A Purpose-Driven Supervisor's Guide to Creating a Mentally Healthy Workplace CEUS 1.5 RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-J0E7QV eBasedAcademy
 COMPETENCIES Impact of Trauma Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers 	This workshop is to enhance supervisors' ability to identify symptoms of stress and trauma in their employees and to help them prevail in excellent service delivery despite a pandemic! This workshop is to help supervisors identify symptoms of vicarious/secondary trauma on their teams and to adopt healthy stress management strategies associated with the COVID-19 pandemic.	 Supervisors will be able to help employees eliminate personal disruptor's Supervisors will be able to model mentally healthy behaviors Supervisors will be transparent in processing impact of trauma on self and staff
ADVANCED	Ohio Model of Infant and Early Childhood Mental Health Consultation Ohio Approved	Ohio Child Care Resource and Referral Association https://registry.occrra.org/cart/view-training/10091295 [Part 1 0f 2] https://registry.occrra.org/cart/view-training/10091296 [Part 2 0f 2]

COMPETENCIES This professional development opportunity will provide **Learning Objectives** participants with the foundational knowledge of effective • Impact of Trauma IECMH consultation, the tenets of the consultative stance, and • Responding to children's traumatic stress additional information on the most essential roles of the • Demonstrate how to identify traumaconsultant. related needs of children and families The Ohio Model of Infant and Early Childhood Mental Health young children • Identify strategies to enhance well-being Consultation, Part 2, will provide participants with the and resiliency opportunity to put the tenets of the consultative stance "into • Understanding how cultural factors practice." Opportunities will be provided to develop a vision relationship success influence trauma and plan for professional development, discuss cultural and linguistic humility in IECMH consultation, and explore building relationships with families and other professionals. (Part 1 is required) children birth to age five. respond. Infant and Early Childhood Mental Health Consultation: The **ADVANCED New Ohio Model** View Training | OCCRRA Ohio Approved This interactive self-paced 5.5-hour module will provide you **COMPETENCIES Learning Objectives** with the foundational knowledge of effective Infant and Early • Impact of trauma

- 1. To define infant and early childhood mental health consultation and its importance for supporting Ohio's Children
- 2. Identify typical and atypical social emotional development of young children to support early learning professionals and all professionals working with
- 3. Define the context in which children's social emotional development impacts each aspect of their growth and development, including school and
- 4. Identify three strategies to support early learning professionals in creating a setting that is conducive to healthy social emotional development
- 5. Define the value of family and early learning professional supports for young
- 6. Identify ways to communicate the role of the ECMH consultant to add to the understanding of families, professionals, and community members.
- 7. Define the tenets of the consultative stance
- 8. Participants will be able to describe three ways engaging with families is vital for a child's social emotional health.
- 9. Recognize and support the stages of a child's social emotional health from
- 10. Recognize trauma in infant, toddlers, and preschoolers and identify ways to
- 11. Utilizing Cultural and Linguistic Humility in IECMHC
- 12. Develop a vision and plan for professional development

Ohio Child Care Resource and Referral Association

• Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural. community, and organizational diversity

Childhood Mental Health Consultation and the Tenets of the Consultative Stance. You will also review the role of the consultant in building relationships with families and professionals and strategies for supporting the social and emotional health of children ages 0 - 5 years of age.

- 1. Participants will be able to define effective infant and early childhood mental health consultation.
- 2. Participants will be able to identify the competencies of an effective IECMH consultant.
- 3. Participants will be able to discuss the role of culture competence in IECMHC.
- 4. Participants will be able to describe the tenets of the consultative stance

 Identify strategies to enhance well-being and resiliency Understand secondary traumatic stress and impact on providers 		 5. Participants will be able to discuss strategies for partnering with families 6. Participants will be able to discuss strategies for supporting the social and emotional health of children 0 – 5 7. Participants will be able to explain how IECMH consultation benefits children experiencing trauma. 8. Participants will be able to develop a vision and plan for professional development
ADVANCED	OOC: Vicarious Trauma for First Responders CEUs 1.25 AMA PRA Cat. 1 Credit; RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-6VXJ51 eBasedAcademy
 COMPETENCIES Impact of Trauma Understand secondary traumatic stress and impact providers 	The Vicarious Trauma for First Responders course provides an in-depth look at trauma and its impact on firefighters, emergency medical services (EMS) or paramedics, disaster response workers, and law enforcement. The course identifies how first responders can become more effective and safer by being trauma informed and aware of the implications and prevalence of vicarious trauma.	
ADVANCED	OOC: Secondary Trauma for Administrators/Organization Transformation CEUs 1.0 AMA PRA Cat. 1 Credit; RN/LPN Contact CE; Counselor CPEs; Social Work CPEs; Psychologists MCEs; OCDP RCHs	eBased Academy ID: E-P0Y92V eBasedAcademy
 COMPETENCIES Impact of Trauma Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency 	The Secondary Trauma for Administrators/Organization Transformation course provides an in-depth look at secondary traumatic stress (STS) and its impact on organizations and the workforce. This course is designed to educate organizations about building resiliency, post-traumatic growth, and the benefits of becoming an STS-informed organization. A case study is examined to help learners further understand best practices to becoming STS-informed.	organization.

 Understanding how cultural factors influence trauma Understand secondary traumatic stress and impact providers Alternative to Seclusion and Restraint 		
Supporting Children and Youth Experiencing Trauma	The Supporting Children and Youth Experiencing Trauma training includes four online sequential sessions that and individual can take at their own pace. Each session focuses on learning and practicing skills that can be used immediately with children and youth. Participants will hear from educators, mental health experts, students, and families, while reflecting on their own goals and intentions to be trauma-informed. Each session is approximately one hour in length. Participants will receive a certificate of completion. Developed by Cincinnati Children's and McKinsey Health Institute	Build Trauma-Informed Skills Today Strong Resilient Youth Trauma-Informed Training
The Trauma-Informed Educators and Supportive Adults We Want to Be COMPETENCIES Impact of Trauma Responding to children's traumatic stress Understand secondary traumatic stress and impact providers		 Learning Objectives Explain what trauma is and how it presents itself in children and youth Describe your role as a trauma-informed educator or supportive adult and how you can use the 4 R's of a trauma-informed approach Recognize your mindset when faced with challenges Reframe your mindset using the Awareness, Pause, Reframe technique
Foundations of Trauma and Resilience COMPETENCIES Impact of Trauma Responding to children's traumatic stress Identify strategies to enhance well-being and resiliency		 Learning Objectives Recognize when and how Adverse Childhood Experiences (ACEs) and other potentially traumatic events affect one's ability to learn and engage Understand what it means to be a trauma-informed mandated reporter Recognize how implicit biases can affect efforts to build supportive relationships Identify strengths and protective factors in children and youth Practice an effective approach to forging stronger relationships and helping children and youth build resiliency and positive coping strategies

Addressing Traumatic Events in the Community with Children and Youth COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Understanding how cultural factors influence trauma		 Learning Objectives Learn how trauma manifests in communities and why communities of color are disproportionately affected Recognize how implicit bias can influence perceptions of trauma and who may need help Apply the 4 R's in the context of traumatic events in the community Tailor specific classroom teaching strategies to the neighborhood and community context to avoid re-traumatization
Addressing Trauma with Children, Families and Caregivers in One-on-One Settings COMPETENCIES Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Understanding how cultural factors influence trauma		 Learning Objectives Apply the 4 R's to support children and youth who have experienced trauma Apply the 4 R's to facilitate conversations with families and caregivers
Family First Prevention Services Act Ohio COMPETENCIES	Fostering Healing, Resiliency, and Hope for Traumatized Children CEUs 5.5	OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families and assessors.
 Impact of Trauma Responding to children's traumatic stress Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma OCWTP Comps 305-02-006, 305-02-011, 307-01-011, 318-01-001, 318-01-007, 318-01-008, 318-01- 	Join us in learning practical ways to bring hope, healing, and resiliency to children who have experienced trauma. By allowing you to experience how trauma affects the brain, development, and attachment, we will take the latest trauma research and turn it into interventions you can use every day in your caregiving or in working with caregivers. Through real-life case examples and experiential learning, you will discover trauma-based strategies that will address the most challenging behaviors you face.	 Learning Objectives Participants will be able to understand the impact of trauma on brain development, attachment, and developmental milestones Participants will be able to identify and address the centrality of relationships in human growth and development, how the quality of relationships affects brain development and the healing power of empathic connection. Participants will understand, discuss, and address cultural context and its impact physically, psychologically, and behaviorally on foster children. Participants will be able to recognize, discuss and address mood syntonic vs. mood Dystonic abuse as they present in foster care.

009, 318-01-015, 318-01-017, 322-01- 004, 322-01-005 923-02-002, 925-01-003, 991-01-001, 991- 01-003, 991-01-005, 991-02-001, 991-02- 002, 991-02-003		 Participants will be able to recognize, discuss and address the difference between simple and complex trauma as it presents in foster care. Participants will recognize, discuss the purpose of and develop ways to address the underlying cause of biologically based fear responses like lying, cheating, stealing, manipulating, bed wetting, oppositional behavior, and aggression Participants will understand recognize and give examples of foster children they have worked with as they moved through The Three R's of Trauma Recovery: Re-experience, Release, and Reorganize Participants will understand, discuss, and identify (current and new) ways they build in foster children the five resilience factors found in people who overcome and do not recreate their traumatic experiences.
Family First Prevention Services Act Ohio COMPETENCIES	Promoting Successful Futures by Addressing Child Traumatic Stress in the Child Welfare System CEUs 5.5	OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families and assessors.
 Impact of trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma OCWTP Comps 117-02-001, 305-02-006, 313-02-003, 318-01-003, 318-01-004, 318-01-005, 318-01-007, 318-01-009 	trauma-informed care to incorporate these practices into their daily work. It includes an overview of the types of trauma (complex, intergenerational, cultural, and historic) and the impact of trauma on child development. It will also provide instruction on how to engage youth and families - using a combination of Donna Hick's Dignity Model, a case study, and participant's own case experiences - to put the Nine	 Learning Objectives Recognize and respond to complex trauma, cultural and historical trauma. Practice use of a developmental trauma assessment (NCTSN Child Welfare Tool) as a strategy to see the child and family through a trauma-informed lens, and as a foundation for developing a trauma-informed care pathway. Enhance their abilities to engage birth parents and families as partners in their work through use of the Dignity Model by Donna Hicks. Increase their opportunities to put the NCTSN (1st Edition) Nine Essential Elements of Trauma-Informed Care into Practice). Increase awareness of and opportunities to practice organization, teambased, and individual strategies to reduce risk of vicarious trauma and promote resiliency.
Family First Prevention Services Act Ohio COMPETENCIES	Build a Brain: How Trauma Affects Brain Development CEUs 2.75	OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families and assessors.

• Impact of Trauma OCWTP Comps 117-01-012, 201-01-012, 202-01-006, 304-01-002, 304-01-004, 307-01-015, 318-01-007, 318-01-009, 318-01-011	This workshop will increase substitute caregivers' knowledge and understanding of the damaging effects of Adverse Childhood Experiences (ACEs) on brain development. To enhance understanding, this training includes participant hands-on "creation" of a trauma-affected brain.	 Learning Objectives Participants will be able to identify the parts of the human brain and the function of each section Participants will be able to describe the ACE Study and the implications of the research Participants will be able to define trauma (acute, chronic, and complex) Participants will be able to provide examples of behaviors associated with brain sections Participants will be able to describe the impact of ACE on child development and behaviors
Family First Prevention Services Act Ohio COMPETENCIES	Trauma Lab for Caregivers and Staff CEUs 5.5	OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families and assessors.
 Identify strategies to enhance well-being and resiliency OCWTP Comps 923-03-001, 923-03-002, 925-01-002, 925-03-006, 925-03-008, 995-03-005 201-05-004, 202-05-006, 303-01-001, 318-01-017 526-01-002 	This learning lab will give hands-on approaches caregivers and staff can use to help the youth they care for work through trauma issues.	 Learning Objectives Gain valuable, useable ideas to help children work through the hurt Discover how to develop and use Learning Bridges to facilitate dialogue and healing Explore how to move beyond words by using active learning techniques in a therapeutic way
Family First Prevention Services Act Ohio COMPETENCIES	Trauma-Informed Case Management CEUs 5.5	OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families and assessors.
 Impact of Trauma Responding to children's traumatic stress Identify strategies to enhance well-being and resiliency OCWTP Comps 	The goal of this workshop is to present an overview of trauma, including what constitutes a traumatic event, the role of adverse childhood events in the development of illness, substance abuse and mental illness, and the physiological, psychological, cognitive, and behavioral effects of trauma. The importance of understanding trauma and how it might impact casework with parents and children will be emphasized. This training will enhance skills in identifying signs and symptoms of trauma, recognizing how systems, and helping professionals	 Learning Objectives To understand the physiology of stressful events and trauma To define trauma and identify signs and symptoms of a traumatized person To understand the significance of Early Adverse Childhood Events and how they impact health, mental health, and substance abuse To identify approaches that enhance safety for traumatized persons and review approaches that are contraindicated when working with traumatized persons.

318-01-001, 318-01-002, 318-01-003, 318- 01-004, 318-01-005, 318-01-007, 318-01- 012, 318-01-016 Family First Prevention Services Act Ohio COMPETENCIES	can unknowingly contribute to re-traumatization, and develop strategies for working more effectively with traumatized persons. Trauma: Unresolved Trauma Can be a Monster of Pain and Fire	trauma informed system vs. a traditional system of care 6. To identify personal challenges and make a commitment to have a personal wellness plan OCWTP Learning Management System This training is currently limited to public child welfare staff, resource families
 Impact of Trauma Responding to children's traumatic stress OCWTP Comps 118-01-006, 201-06-005, 213-01-013, 213-01-015, 303-03-006, 304-01-007, 308-01-004, 318-01-001, 318-01-002, 318-01-007 	This workshop focuses on trauma and how it can affect individuals in different ways. We will discuss DSM-5 criteria on trauma- and stressor-related disorders, including Acute Stress Disorder, Adjustment Disorder, Post-traumatic Stress Disorder, Reactive Attachment Disorder, and Disinhibited Social Engagement Disorder. The definition of trauma, as well as the symptoms and types of trauma, will also be discussed; and indicators that help with the assessment and diagnosis of trauma-related disorders will be presented. Finally, treatment methods will be outlined and discussed to prepare caseworkers to better assist caregivers in working with clinicians to address trauma.	1. Know the types and symptoms of trauma. (Note: Discuss the historical issues of child abuse and neglect and relate this history to the theoretical framework of trauma).
Family First Prevention Services Act Ohio COMPETENCIES	TRCC: Trauma Responsive Care Certification Ohio CSWMFT CEUs are awarded per session for training only	BEGINNER/INTERMEDIATE/ADVANCED Contact: Tristate Trauma Network https://www.tristatetraumanetwork.org/certification/ COST
 Impact of trauma Responding to children's traumatic stress Understanding how cultural factors influence trauma 	Module 1: Facilitating Healing, Resiliency and Hope Part 1 (6 hours) & Module 2: Facilitating Healing, Resiliency, and Hope Part 2 (6 hours)	Participants will be able to identify and address: 1. The Neurobiology of Felt Safety, Attachment and Regulation 2. Cultural context and its impact physically, psychologically, and behaviorally

 Demonstrate how to identify trauma- related needs of children and families, and account for individual, cultural, community, and organizational diversity Identify strategies to enhance well-being and resiliency 		 Impact of Relationships and Trauma on Brain Development and Developmental Milestones with an exploration of Adverse Childhood Experiences (ACEs) The Three R's of Trauma Resolution: Re-experiencing, Release, Reorganize to build felt safety The Five Resilience Factors that help create the life you, your family and those you serve want.
 Demonstrate how to identify traumarelated needs of children and families, and account for individual, cultural, community, and organizational diversity. Understand how cultural factors influence trauma and the perceptions of providers. 	Module 3: Where it all Begins: Trauma Informed Assessment (3 hours training; 2 hours consultation)	 Participants will: Be able to describe the essential elements of a comprehensive trauma assessment Be able to identify and assess Adverse Childhood Experiences (ACEs) and Adverse Life Experiences (ALEs) and the research connecting them with mental and emotional disorders. Recognize the importance of assessing their client's resilience and doing so within a cultural context Recognize the importance of and how to build upon their client's resilience to help them move beyond their ACEs and ALEs Understand the essential elements of a Trauma Informed Biographical Timeline Recognize what has stayed the same, as well as understand the relevant diagnostic changes made to the trauma related diagnoses in the DSM – 5 and how to use them accurately
Identify strategies to enhance well-being and resiliency.	Module 4: The Top Five Resilience Factors and You: Building Resiliency in Those We Serve and Ourselves (3 hours training; 2 hours consultation)	Participants will be able to: 1. Identify and use interventions designed to develop, in those we serve, the top five resilience factors found in individuals who have experienced trauma and moved beyond 2. Identify the five good things found in mutually enhancing relationships and how to help those they serve find ways to develop relationships based on them 3. Distinguish between Descriptive vs. Evaluative Praise and how to use it to help those they serve develop an internal locus of control and sense of self-efficacy 4. Develop a resiliency plan for someone they serve Develop a resilience plan for themselves to help avoid toxic stress and secondary trauma

 Impact of trauma Responding to (children's) traumatic stress Identify strategies to enhance well-being and resiliency. 	Module 5: Looking for Dopamine in all the Wrong Places: Interventions for Biologically Based Fear Responses (3 hours training; 2 hours consultation)	 Participants will: Explore traditional and emerging neuroscience-based understandings of chronic, challenging behaviors like aggression, self-harm, suicidality, risk taking, oppositional-defiance Practice a collaborative, non-adversarial approach to addressing chronic, challenging behaviors Be introduced to a multimodal approach to increasing felt safety (neuroception) in their clients Practice recognizing and addressing the role of shame, grief, and fear in chronic, challenging behaviors and how to release it and develop replacement behaviors that promote resiliency.
 Responding to (children's) traumatic stress Identify strategies to enhance well-being and resiliency. 	Module 6: Bringing Hope Home: The Three R's of Successful Trauma Resolution (3 hours training; 2 hours consultation)	Participants will be able to: 1. Identify the stages of successful trauma resolution 2. Diminish trauma re-enactment symptoms through the Re-experiencing phase of trauma resolution by using interventions for externalization and sensory processing of the traumatic experiences 3. Address the Release stage of trauma recovery by working with interventions that honor what they did to survive, help them identify safe places in their lives so they can release those behaviors, to target arousal reduction and affect regulation Work with clients to eliminate trauma's effect on daily life through the Reorganization stage of trauma recovery with interventions to increase feelings of personal safety, address attachment issues and promote posttraumatic growth.
Understand secondary traumatic stress and its impact on providers.	Module 7: Trauma Informed Supervision and Administration: Promoting Client Care and Self Care in a Trauma Informed Workplace (3 hours training; 2 hours consultation)	 Participants will: Identify and address secondary trauma in the workplace and its impact on treatment, supervision, and administration Identify and address the importance of safety and how to create it for clients, staff, and administration Assist clinicians in helping those they serve move through the stages of trauma resolution while recognizing and addressing the vicarious trauma connected with their work Develop a self-care plan for themselves and an approach to help supervisees (if applicable) do the same.

 Responding to (children's) traumatic stress Identify strategies to enhance well-being and resiliency. 	Module 8: Putting it All Together: Relational and Sensory Based Interventions for Trauma Responsive Care (3 hours training; 2 hours consultation)	Participants will be able to: 1. Identify the importance of mindfulness to trauma resolution. And be able to identify one mindfulness intervention to employ with the population they serve 2. Identify the importance of emotional regulation to trauma resolution. And be able to identify one intervention that can enhance an individual's emotional regulation skills 3. Identify the importance of frustration tolerance to trauma resolution. And be able to identify one intervention that can enhance an individual's frustration tolerance Identify the importance of social and relational skills to trauma resolution. And be able to identify one intervention that can enhance an individual's social and relational skills.
Family First Prevention Services Act Ohio COMPETENCIES	Impact of Trauma on Development and Delinquency	OhioCourtedu OhioCourtEDU (csod.com) This training is currently limited to Court personnel
 Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency Understanding how cultural factors influence trauma 	Many studies indicate that the incidence of traumatic stress is higher in justice-involved youth than in the general population. Traumatic stress often can negatively impact adolescent development, such as forming attachments, emotional and behavioral regulation, self-concept, and future orientation. This course gives juvenile court and detention personnel an introduction to the topic of traumatic stress and skills to intervene appropriately with youth that have experienced trauma.	
Family First Prevention Services Act Ohio COMPETENCIES	Courts and Coronavirus: Stress Management Refresher	OhioCourtedu OhioCourtEDU (csod.com) This training is currently limited to Court personnel
 Impact of Trauma Understand secondary traumatic stress and impact providers 	Even the healthiest of individuals can feel stress from changes in work status or location, illness, uncertainty, and being cut off from typical routines or support systems. Psychologist Dr. Roger Hall shares insights about individual responses to stress and change, the impacts of stress on your health, strategies	

Family First Prevention Services Act Ohio COMPETENCIES	for mitigating stress and the potential consequences of ignoring self-care. Focuses on self-care and secondary Trauma Recognizing Child Abuse, Neglect, and Mandatory Reporting Satisfies 1.25 hrs. remaining Pre-Service or Continuing Education.	OhioCourtedu OhioCourtEDU (csod.com) This training is currently limited to Court personnel
 Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families Identify strategies to enhance well-being and resiliency 	The impact of child abuse and neglect can resonate throughout a child's life. This webinar will discuss the important role all adults have in recognizing and reporting suspected child abuse and neglect, and carefully outline your legal obligation as mandated reporters.	
Family First Prevention Services Act Ohio COMPETENCIES	Psychiatric Disorders in Children: Attachment and Trauma Related Disorders CEUs 3.00 CLE credit hours	OhioCourtedu OhioCourtEDU (csod.com) This training is open to the public after creating account
 Impact of Trauma Responding to children's traumatic stress Demonstrate how to identify traumarelated needs of children and families 	Judicial officers examine two psychiatric disorders in children, including causes, symptoms, and common treatments. What does a guardian ad litem (GAL) need to know, do, or think in order to identify the "best interest of the child" when a psychiatric disorder is a factor in their case? This 3-hour course will explore common psychiatric disorders in children, including causes, symptoms and common treatments. Fact patterns with discussion will help GALs apply the knowledge to realistic situations.	 Learning Objectives Discuss common psychiatric disorders in children including internalizing/emotional disorders (e.g., anxiety, mood), externalizing/behavioral disorders (e.g., disruptive disorders, ADHD), and trauma-based disorders (e.g., reactive attachment); Identify proven treatments for various psychiatric disorders in children; Ascertain necessary assessments and make appropriate referrals and requests; and\Interact effectively with children and families when psychiatric disorders are present.