# Firelands Counseling & **Recovery Services**

## **Firelands Regional Medical Center Counseling & Recovery Services**

## Firelands Counseling & Recovery Services is a committed Trauma Informed Care Partner and is operating in a trauma informed manner by:

Leadership structures established demonstrate support for the voice and participation of people using their services who have trauma

#### histories.

- Written policies and procedures include a focus on trauma and issues of safety and confidentiality.
- Written policies and procedures recognize the pervasiveness of trauma in the lives of people using services, and express a commitment to reducing re-traumatization and promoting well-being and recovery.

Policies demonstrate a commitment to staff training and providing services and supports that are trauma-informed.

Physical environment promotes a sense of safety, calming, and de-escalation or clients and staff.

Staff are trained and strategies are in place to help those served feel comforted and empowered.

### Training and development is established to address emotional stress

#### that can arise when working with individuals with traumatic

experiences.

#### Staff are trained on trauma, its impact, and strategies for trauma

informed approaches across the agency.